

**Fit**  
to  
**Succeed**

Exeter School Sport Partnership



Secondary  
CPD Opportunities  
2009 / 2010





**Netball Course for teachers and coaches of years 7 - 9**

**Friday 25<sup>th</sup> September**

**Maynards School, Exeter**

**7.00pm – 9.00pm**

**Course Outline**

- Course content to include:
- Ball skills and practices
- Dodging, turning and keeping possession
- Flightpath of the ball – the safe alternative
- Shooting practices and technique
- Team play: workable passing systems
- Centre pass
- Basic defending

**Resources**

Handouts provided

**Booking and for more information contact:**

Liz Robertson (course tutor)

07944852240

[lizarobbo@hotmail.com](mailto:lizarobbo@hotmail.com)

or visit:

[www.schoolnetballcoach.co.uk](http://www.schoolnetballcoach.co.uk)



## **JUNIOR FOOTBALL ORGANISERS TEACHERS COURSE**

**13<sup>th</sup> October 2009**

**9.00am – 4.00pm**

**St Luke's Science and Sports College**

For Qualified Teachers and Level 2 Coaches who are GTT (Generic Tutor Trained)

A course to train teachers to deliver the JFO course within their school.

### **Course Outline**

- Preparing to play football
- Football Skills
- Safety and Codes of Conduct
- Warm-ups
- Mini Soccer
- Planning sessions

### **Resources**

Handouts provided

### **Booking and for more information contact:**

To book your place on the course, please contact a booking form and return it to Annie Watts (01626 325914) at Devon County FA, Coach Road, Newton Abbot, Devon, TQ12 1EJ

Post, or email to [annie.watts@devonfa.com](mailto:annie.watts@devonfa.com)



**Basketball Refereeing Course**

**20<sup>th</sup> October 2009**

**3.30pm – 5.30pm**

**St Peters Cof E Secondary School**

**Course Outline**

- Rules theory
- Rules of the game
- Signals
- Refereeing experience

**Resources**

Handouts will be provided

**Cost**

Fully funded by the partnership. Please complete booking form below

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**Booking Form**  
**Basketball Refereeing Course**

**3.30pm – 5.30pm**

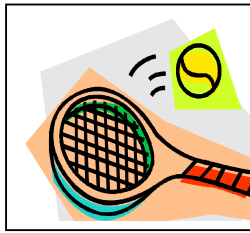
Name .....

Contact Phone No .....

Email .....

School .....

Please return to Bronia Burland St Luke's Science and Sports College, Harts Lane,  
Exeter, EX1 3RD or email to [bburland@st-lukes.devon.sch.uk](mailto:bburland@st-lukes.devon.sch.uk)



**LTA Secondary Tennis**

Monday 15<sup>th</sup> March

1.00pm – 4.00pm

Venue TBC

**Course Outline**

- Teachers given an introduction to Cardio tennis which is an adapted and alternative to traditional tennis which is great for keeping fit and getting lots of players on one court.
- Introduce teachers to the DVD resource which is an interactive tool that can be used to demonstrate specific tennis skills on screen
- Practices and exercises tailored to working with large numbers in small spaces

**Resources:**

TBC

**Cost**

£10 per school. Please complete booking form below

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**Booking Form**  
**LTA Secondary Tennis**

Monday 15<sup>th</sup> March

1.00pm – 4.00pm

Name .....

Contact Phone No .....

Email .....

School .....

Purchase order number.....

Or Cheques payable to St Lukes Science and Sports College

Please return to Bronia Burland St Luke's Science and Sports College, Harts Lane, Exeter, EX1 3RD or email to [bburland@st-lukes.devon.sch.uk](mailto:bburland@st-lukes.devon.sch.uk)